



Healthcare Leadership Collaborative

Accelerating Wellbeing Solutions & Transforming
Workforce Culture

In partnership with ALL IN: Wellbeing First for Healthcare,
a coalition led by the Dr. Lorna Breen Heroes' Foundation

Event

Healthcare Leadership Collaborative

Time/Date

9:00 AM - 5:30 PM EST | March 18th, 2025

Location

Johns Hopkins University Bloomberg Center
555 Pennsylvania Avenue NW
Washington, DC 20001

Jointly provided by Partners for Advancing Clinical Education (PACE), Johns Hopkins Carey Business School's Human Capital Development Lab, Johns Hopkins University School of Medicine, and ALL IN: Wellbeing First for Healthcare

Target Audience

Primary: Organizational and team leaders in healthcare settings including c-suite executives, vice presidents, directors, officers, department chairs/leads, and managers who have a role in leading culture transformation and operational systems-change for healthcare workers

Secondary: Leaders in academia, professional societies, philanthropic community, and policy who are committed to supporting healthcare workers' wellbeing and mental health

Educational Objectives

Upon completion of this activity, participants should be able to::

- Describe how organizational culture supports and protects healthcare workers' well-being and mental health.
- Explain how the healthcare industry can use knowledge gained from other industries to transform organizational culture.
- Practice the skill of listening for culture transformation.

Faculty

- Carolyn Cumpsty Fowler, PhD, MPH, NBC-HWC, PCC
Executive Director for Nursing Well-Being
Johns Hopkins Health System
- Lee Daugherty Biddison, MD, MPH
Chief Wellness Officer
Johns Hopkins Medicine
- Kelly Holder, PhD
Chief Well-Being Officer
The Warren Alpert Medical School of Brown University
- Bernadette Mazurek Melnyk, PhD, APRN-CNP, FAANP, FNAP, FAAN
Chief Wellness Officer
Ohio State University
- Art Saavedra, MD, PhD, MBA
Dean of School of Medicine and Executive Vice President for Medical Affairs
VCU Health
- Richard R. Smith, PhD
Professor of Practice and Executive Advisor to the Dean
Johns Hopkins Carey Business School

Program Agenda

Agenda included at the end of the document.

Americans with Disabilities Act

Event staff will be glad to assist you with any special needs (i.e., physical, dietary, etc). Please contact Kris Gamble prior to the live event at kgamble3@jh.edu.

Fee Information

There is a \$125.00 (\$99.00 Early Registration) fee for this educational activity.

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by Partners for Advancing Clinical Education (PACE), Johns Hopkins Carey Business School's Human Capital Development Lab, Johns Hopkins University School of Medicine, and ALL IN: Wellbeing First for Healthcare. PACE is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Education

PACE designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Professional Development

The maximum number of hours awarded for this Nursing Continuing Professional Development activity is 6.0 contact hours.

PA Continuing Medical Education



PACE has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologist Continuing Education

Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

Credit Designation

This program offers 6.0 continuing education credits for psychologists.

AGENDA

- Registration Opens** **8:00 a.m.**
- Wellbeing First for Healthcare** **9:00 a.m.**
Carolyn J. Cumpsty Fowler of Johns Hopkins Medicine and Richard R. Smith of the Johns Hopkins Carey Business School, welcome attendees and share remarks on why we must be in the business of fostering cultures that support and protect healthcare workers' wellbeing and mental health.
- The Courage to Change** **9:15 a.m.**
Michael C. Bush, CEO of Great Place To Work®, shares why trust is at the core of an exceptional workplace and how healthcare leaders can have the courage to change their organizations to be rooted in trust so they can attract the best talent and achieve significant long-term financial success.
- Leadership In Action: Creating a Culture of Wellbeing** **10:00 a.m.**
Stefanie Simmons of the Dr. Lorna Breen Heroes' Foundation moderates a discussion with healthcare leaders about their experience leading culture transformation and creating systems where healthcare workers thrive, including:
- Stephen Beeson, CEO & Founder of Practicing Excellence
 - Kelly Holder, Chief Well-Being Officer of The Warren Alpert Medical School of Brown University
 - Bernadette Melnyk, CEO & Founder of COPE2Thrive and Former Chief Wellness Officer of The Ohio State University
 - Art Saavedra, Dean of School of Medicine and Executive Vice President for Medical Affairs of VCU Health
 - Meghan Swarthout, Executive Director, Pharmacy Services of Johns Hopkins Health System
- Break** **11:00 a.m.**
- Rediscover the Lost Art of Listening** **11:15 a.m.**
Kate Murphy, Journalist and Author of You're Not Listening, shares what you're missing and why it matters when you're not listening with practical advice on how to elevate your conversations and interactions with others as an effective healthcare leader.
- Lunch** **12:15 p.m.**
- Workshop: Building a Listening Culture** **1:15 p.m.**
Lee Daugherty Biddison and Carolyn J. Cumpsty Fowler of Johns Hopkins Medicine facilitate a workshop to practice and deepen your active listening skills to be an effective healthcare leader.
- Break** **2:30 p.m.**
- Transforming Our Culture: One Story at a Time** **2:45 p.m.**
Jillian Horton, Author of We Are All Perfectly Fine, shares about the power of storytelling to build connections between healthcare leaders and workers and how intentionally choosing where we tell stories supports effective leadership.

Workshop: Become an Effective Storyteller**3:30 p.m.**

Jillian Horton, Author of *We Are All Perfectly Fine* and TBD facilitate a workshop to enhance and practice how you tell stories as an effective healthcare leader. Using the learning from the previous sessions and principles from the University of Rochester's Mindful Practice© Program, this session will teach participants how to use appreciative inquiry and deep listening to engage in strategic and well-bounded story sharing, inviting trust, connection, and community.

A Stronger System is Within Reach**4:45 p.m.**

J. Corey Feist of the Dr. Lorna Breen Heroes' Foundation and Lee Daugherty Biddison of Johns Hopkins Medicine thank attendees, provide a meeting summary, and share how everyone can join the growing movement to support healthcare workers' wellbeing and mental health.

Reception**5:00 p.m.**